

BEATRICE SOCIETY

SUPER FOODS / PLANT-FORWARD

SMOOTHIES

All vegan & gluten free

FOCUS

almond milk, avocado, blueberries, hemp hearts, raspberries, spinach, Optimi mushroom protein

WITH LION'S MANE FOR COGNITION

HEAL

almond milk, almond butter, banana, chia seeds, cinnamon, dates, ginger, nutmeg, turmeric, Optimi mushroom protein

WITH CHAGA TO REDUCE INFLAMMATION

RELAX

almond milk, banana, cacao powder, cinnamon, flax seed, almond butter, spinach, Optimi mushroom protein

WITH REISHI FOR RELAXATION

ESCAPE

banana, coconut milk, coconut yogurt, flax seed, mango, turmeric, Optimi mushroom protein

WITH CORDYCEPS FOR ENERGY

ADAPTOGEN ADD ONS

Enhance your coffee or smoothie with herbs shown to help the body adapt to physical and psychological stresses

ASHWAGANDHA (ANXIETY RELIEF)

GINKGO (COGNITION & MEMORY)

MILK THISTLE (LIVER DETOX)

BONE BROTH

VEGAN MUSHROOM BROTH

superfood vegan broth containing a mix of chaga, reishi and shiitake mushrooms

BONE BROTH

local pasture raised/grass-fed broth by Young Bones.

Pairs very well with cordyceps!

TOASTS

Gluten-free toast available

AVOCADO BRUNCH

smashed avocado, olive oil, honey, chili flakes, sea salt

SMOKED SALMON

goat cheese, lemon, smoked salmon, dill, black sesame

BANANA CRUNCH

crunchy peanut butter, banana, cinnamon, coconut flakes

MEDITERRANEAN

hummus, hard boiled egg, parsley, turmeric, sea salt

BOWLS

See fridge for daily availability

CILANTRO CHICKEN

cilantro black rice, chicken, kale, corn, pickled onion, corn chips, carrots, avocado, cashew ranch

TOFU & ROASTED VEG

quinoa, tofu, kale, squash, avocado, almonds, chickpeas, pomegranate, red pepper tahini

BLACK RICE & SALMON

black rice, salmon, cauliflower, carrot, tomato, pickled cucumber, edamame, pickled onion, sesame ginger dressing

TURKEY QUINOA

quinoa, ground turkey, kale, marinated egg, corn, carrot, edamame, pickled cucumber, peanut sauce

BEATRICE SOCIETY

ALCOHOL OPTIONAL COCKTAILS

COCKTAILS

NON ALC / ALC

All our cocktails were crafted to be alcohol-optional, using fresh ingredients and the least amount of sugar possible.

So whether you choose to drink alcohol or not, we welcome you to enjoy a delicious drink in good company.

NON ALC / ALC

PRICKLY PUNCH

13 / 15

A tasty combination of naturally sweet fruit juices with the subtle punch of Ginger Beer.

Ginger beer, Lychee cactus- Pear Juice, Lime Juice, Froth bitters. Non-Alc: Monsieur Gin / Alc: Tequila Blanco

LAVENDAR SPRITZ

12 / 14

"Refreshing, delicious, and exactly what I needed"
- Your Gut Biome

Mint, Lemon Juice, Honey and Ginger Syrup, Greenhouse Lavender Kombucha. Non-Alc: Monseur Gin / Alc: Gin

SMOKE BREAK

12 / 14

A smoke break that eliminates toxins rather than adding them, allowing you to continue de-stressing even after your break is over.

Cold-pressed Spiced Pear Juice, Lemon juice, orange bitters, honey and Lavender syrup. Non-Alc: Spirit Leaf infused with Smoke Bitters / Alc: Mezcal

SHE LOVE ME

15 / 17

If "You are what you eat" has any truth to it, this cocktail will leave you feeling beautiful inside and out.

Rose water, Aloe vera Juice, Lemon juice, Agava syrup, Peach bitters, froth bitters. Non-Alc: Monseur Gin / Alc: Gin + Lillet Blanc

MATCHA MARTINI

12 / 14

There's no denying the benefits of a little Matcha in your life. Add some pep to your step with this smooth and creamy martini. Did we mention it's sugar free, dairy free, and rich in antioxidants? You're welcome, friend.

Matcha, Unsweetened Vanilla Almond Milk, Sugar Free Vanilla Syrup, Froth bitters. Non-Alc: -- / Alc: Gin

OLD FASHIONED & CAFFEINATED

13 / 15

This version of this classic is both old and newly fashioned thanks to a house made syrup created with espresso beans from our friends at Subtext Coffee Roasters. Batched and poured directly from the barrel to your glass. Cheers!

Non-Alc.: Lyres American Malt Bourbon, smoke & oak bitters, House made Subtext Sugar free coffee syrup, Orange Zest

Alc: Bourbon, Angostura bitters, House made Subtext sugar free syrup, Orange Zest

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ALCOHOL OPTIONAL COCKTAILS

COFFEE

ADAPTOGEN DRIP	4 / 4.50 / 485
DRIP	3 / 3.50 / 3.85
ESPRESSO	3.75
MACCHIATO	3.85
CORTADO	3.85
CAPPUCCINO	4.50
FLAT WHITE	4.50
LATTE	5.00
AMERICANO	3.75
MOCHA	5.50
CHAI LATTE	5.50
HOT CHOCOLATE	5.50
MATCHA LATTE	5.50
LONDON FOG	4.75
TEA	3.75
POUROVER	MP
EXTRA SHOT	1.50
ALTERNATIVE MILK	0.85
VANILLA/CHOCOLATE/MISTO	1

JUICE

GREENHOUSE JUICE	9.5
GREENHOUSE SHOTS	5
GREENHOUSE KOMBUCHA	11
WELL JUICE	8.75
WELL SHOTS	5

PASTRIES

Daily availability may vary!

BUTTER CROISSANT	5
CHOCOLATE CARDAMOM KNOT	6.25
CHOCOLATE CROISSANT	5.25
SAVOURY BRIOCHE	6
ALMOND CROISSANT	5.75
CHEESE CROISSANT	6
PISTACHIO CHOCOLATE CROISSANT	6.25
CINNAMON KNOT	6
KOUIGN AMANN	5