

# DRINKS

## HOUSE COCKTAILS

### Prickly Punch 15

A tasty combination of naturally sweet fruit juices with the subtle punch of Ginger Beer  
*Tequila blanco, Ginger beer, Lychee, Cactus-Pear, Lime*

### Lavender Spritz 14

"Refreshing, delicious, and exactly what I needed" - Your Gut Biome  
*Gin, Mint, Lemon Juice, Honey and Ginger Syrup, Greenhouse Lavender Kombucha*

### Smoke Break 14

Imagine a smoke break that eliminates toxins rather than adding them  
*Mezcal, Cold-pressed Spiced Pear Juice, Lemon juice, orange bitters, honey and Lavender syrup.*

### She Loves Me 17

If *You are what you eat*, this cocktail will leave you feeling beautiful inside and out.  
*Gin, Lillet Blanc, Rose water, Aloe vera Juice, Lemon juice, Agave syrup, Peach bitters*

### Matcha Martini 14

Add some pep to your step with a creamy martini that's sugar free, dairy free, and rich in antioxidants  
*Gin, Matcha, Unsweetened Vanilla Almond Milk, Sugar Free Vanilla Syrup, Froth bitters*

## BEER

### East Street | Botanical Harvest 9

Cider, 355mL

### Slake | Boxcar Easy Lager 9

Lager, 473mL

## HAPPY HOUR

Every Day Half-priced cocktails, 4-6pm

Thursday \$20 off wine bottles

## WINE

### White

Das Juice | Maceration 15 / 70

*2021 | Muscat, Arneis, Sauvignon Blanc, Chardonnay McLaren Vale GI, Australia*

L'imparfait Negociant | La Pioche 15 / 70

*2021 | Chardonnay, Savagnin | Ontario, VQA*

### Red

Das Juice | Red 15 / 70

*2021 | Cabernet Sauvignon, Merlot, Cabernet Franc McLaren Vale GI, Australia*

Stephane Aviron | Beaujolais 13 / 60

*2021 | Gamay | Beaujolais-Villages VOC, France*

### Sparkling

Das Juice | Prosecco Pet Nat - / 70

*2021 | Glera | Alpine Valley GI, Australia*

Das Juice | Rose Pet Nat - / 70

*2021 | Pinot Gris, Sauvignon Blanc, Tempranillo Mornington Peninsula GI, Australia*

### Rose

Good Natured | Rose 12 / 55

*2021 | Merlot, Gamay, Pinot Noir | Niagara VQA*

## SNACKS

### Roasted Baru Nuts (Classic / BBQ) 9

Baru Nuts are lower in fat and higher in protein, fiber, & antioxidants than other nuts

### Mixed Italian Olives 6

### Snack Board 18

Baru nuts, olives, and sourdough with goat cheese, hummus, chili oil, bone marrow butter

# ALCOHOL-FREE DRINKS

## HOUSE COCKTAILS

ADD KAVA TO ANY COCKTAIL 1

### Prickly Punch 13

A tasty combination of naturally sweet fruit juices with the subtle punch of Ginger Beer  
*Ginger beer, Lychee, Cactus-Pear, Lime*

### Lavender Spritz 12

"Refreshing, delicious, and exactly what I needed" - Your Gut Biome  
*Mint, Lemon Juice, Honey and Ginger Syrup, Greenhouse Lavender Kombucha*

### Smoke Break 12

Imagine a smoke break that eliminates toxins rather than adding them  
*Cold-pressed Spiced Pear Juice, Lemon juice, orange bitters, honey and Lavender syrup*

### She Loves Me 15

If *You are what you eat*, this cocktail will leave you feeling beautiful inside and out.  
*Rose water, Aloe vera Juice, Lemon juice, Agave syrup, Peach bitters*

### Matcha Martini 12

A creamy, sugar & dairy-free martini  
*Matcha, Unsweetened Vanilla Almond Milk, Sugar Free Vanilla Syrup, Froth bitters*

## HAPPY HOUR

Every Day Half-priced cocktails, 4-6pm

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## BEER

### Bellwoods Brewery | V3 9

IPA, 473mL, <0.5% ABV

### Harmon's | Lunchbox 9

Lagered Ale, 355mL, <0.5% ABV

### Harmon's | Jack Pine 9

Pale Ale, 355mL, <0.5% ABV

## SNACKS

### Roasted Baru Nuts (Classic / BBQ) 9

Baru Nuts are lower in fat and higher in protein, fiber, & antioxidants than other nuts

### Mixed Italian Olives 6

### Snack Board 18

Baru nuts, olives, and sourdough with goat cheese, hummus, olive oil, bone marrow butter

## IN THE FRIDGE

### Greenhouse Juice 7.5

### Greenhouse Kombucha 5.5

### Greenhouse Shots 4

### Well Juice 6

### Well Shots 3.5

### Geez Louise Prebiotic Water 3.99

### San Pellegrino 2.65

### Daydream Sparkling Adaptogen Water 4.99